The Retired Faculty Association will work in cooperation with ECU Human Resources to run a pre-retirement series of workshops open to any current or retired ECU faculty member.

1. The workshops will be held at 4 pm on both the east and the west campus.
2. A total of 5 workshops will be held on each campus.
3. Dates for the workshops on the east campus are November 4, 11, 18, and December 2 and 9. On the west campus the dates are November 5, 12, 19, and December 3 and 10.
4. All workshops on the west campus will be held in the Brody building. On the east campus, the Willis building will be used for November 11, and December 2 and 9, while Belk room 1501 will be used for the November 4 and 18 dates.
5. The five workshops are:

   **Session 1:** What can we expect from Social Security (new district manager Teresa Creel will make this presentation); and what can we possible do on that first day of retirement? Retired ECU faculty panel (Billie Lennon and Tom Feldbush putting panel together)

   **Session 2:** Welcome to Medicare Advantage and long term health insurance. Christal Curran from the Center on Aging will present on Medicare advantage and David Silver, ECU Department of Finance and law partner will discuss long term health insurance.

   **Session 3:** Review of ECU retirement benefits. Human Resources will do this

   **Session 4:** Legal and estate planning; Charlotte-Anne Alexander of the Law firm Colombo, Kitchen, Dunn, Ball and Porter will do the legal planning including end of life issues, power of attorney, DNR, comfort care; TIAA-CREF and Fidelity will do the estate planning. The TIAA and Fidelity reps will each have 20 minutes t present a brief outline of their programs and then there will be 20 minutes of questions from the audience.

   **Session 5:** Wellness in retirement; we are asking Dr. Harry Adams to help organize this session
6. The RFA will be responsible for planning and organizing sessions 1, 2, 4 and 5. The topic of personal financial planning is being covered by a new program in HR entitled breakfast and learn and lunch and learn.

7. HR will advertise and help provide needed audio/visual equipment for the workshops

Our goal is to have these workshops outlined by late August when will meet once again with Lee Ann Goff, Director of Benefits, ECU Human Resources.